



upsee

Upsee Factsheet #01: Assessment & Prescription

Before using the Upsee, therapists and parents must be able to answer “**yes**” to these three questions.

Qualifying Questions

1. Is the child already in a standing/walking programme?

Participation in a physical therapy standing or walking programme ensures the child has developed the necessary skills to get the most from their Upsee.

If the child does not qualify for a standing or walking programme, using the Upsee could cause discomfort or injury to them or you.

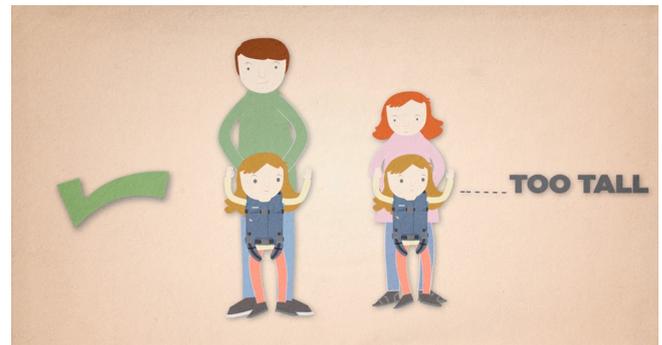


If in doubt, contact your therapist or Firefly to discuss.

2. When standing, are the child’s shoulders below the adult’s navel/belly-button?

The child’s shoulders should be below the adult’s navel/belly button when standing. If the child’s shoulders are above that point you cannot use the Upsee safely.

The relationship of the child’s height to the adult’s height is extremely important for the adult’s back care and the stability of both users. However, the Upsee may still be used with a taller adult.



3. Can the child and adult both stand upright while using the Upsee?

Both adult and child should be able to stand upright while using the Upsee. For example, is the child’s head pushed forward by the adult’s stomach? If so, (often due to the adult’s body shape) do not use the Upsee as it may cause problems with stability and the child’s posture.



If the answer was “**yes**” to all three questions, the child is likely to be a suitable candidate for the Upsee.

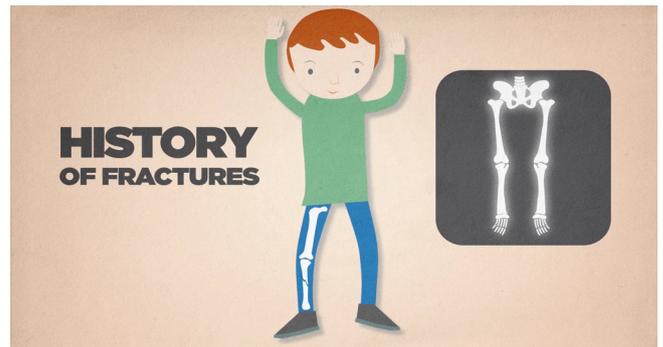
If the answer was “**no**” to any of the questions, we strongly recommend that the child’s therapist is consulted and, if necessary, that the therapist contacts Firefly for more advice.

Other contra-indications (reasons not to use the Upsee):

- The child has severe high-tone (very tight muscles)



- The child has a history of lower limb fractures (for example, brittle bones)



- The child has severe asymmetry (differences between left and right sides of the body) including hip dislocation



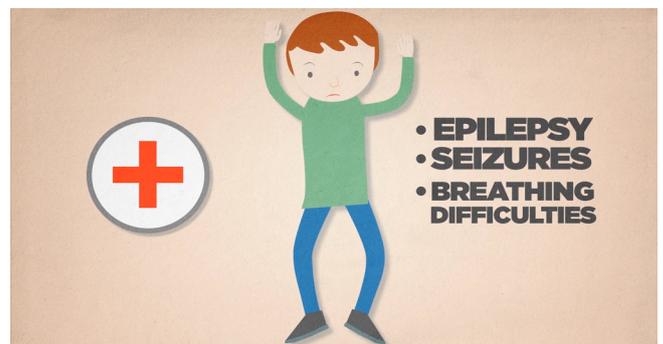
- The child has severe lower limb contractures (shortening of leg muscles)



- The child shows discomfort in or out of Upsee

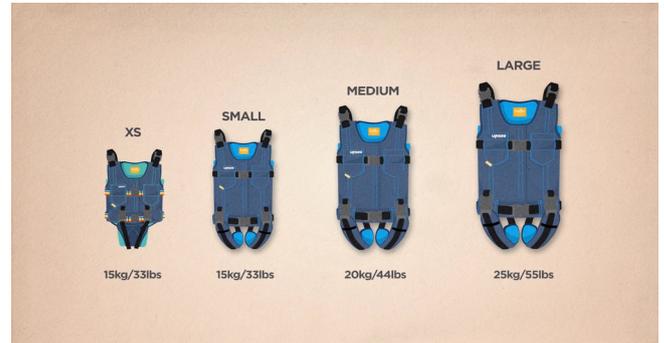


- The child has an unstable medical condition requiring rapid repositioning for treatment



- The adult using the Upsee is pregnant

- The child exceeds the maximum weight for the chosen Child Harness:
XS - 15kg/33lbs, Small - 15kg/33lbs,
Medium 20kg/44lbs and Large,
25kg/55lbs



- The adult suffers from back pain, mobility or balance problems
- The adults suffers any other health-related issue which may be aggravated by the use of the Upsee



For video guidance, visit the videos section within the therapist product guide.